

# HOW CAN YOU JOIN THE BRAVE BEAR?

Thank you for reading 'Brave' and hearing about his great adventures and Bella's bravery!

Here's some ideas about what you can do to help children like Bella and Jenny...

**Tell someone else.** Who else can you tell about 'Brave'? We want as many children over the age of 8 to know how to treat people kindly, pay them fairly for the work they do and to know how to keep themselves and others safe.

**Raise money** for Barnardos. Could you raise some money to give to Barnardos who help children like Bella in the U.K.? <https://donate.barnardos.org.uk/>

**Design a poster.** Could you design a poster that could be sent to us to share with others in schools, community groups and our online messages to help let others know about how to value people, treat them fairly and keep themselves and others safe? Email it to [hello@jointhebravebear.org](mailto:hello@jointhebravebear.org)

**Write an encouraging letter.** Could you write an encouraging letter for the adults who help children like Bella and Jenny? We can pass on a letter or card to the Barnardos team or the coffee roastery staff to thank them and share kindness!

